



Top 7 Reasons Why Zumba Instructors Need CPR Training

Zumba is a highly intensive exercise. Zumba trainers need to work out and train people daily with intensive workout sessions. This could raise their blood pressure, and there is a chance they may have issues related to cardiac muscles if they do not follow a proper routine where they take an equal amount of rest in time for the muscles to recover.



Zumba instructors can make a difference in the quality of life when they equip themselves with high-quality life-saving skills like First Aid and CPR.

7 Top Reasons for Zumba Instructors to Be CPR Certified Today!

1. Handle choking emergencies
2. Recover from seizures
3. Handle participants with care in emergencies
4. Act on time before EMS arrives
5. Help sudden cardiac arrest patients in the class
6. On-time sudden cardiac arrest risk assessments
7. Use of AED to recover the patient before it's too late!



Be **CPR certified** today as a Zumba instructor for free!

Register for a free student account at <https://cprcare.com/> today and get started. All courses like CPR and First Aid with AED training at American CPR Care Association follow AHA and 2020 ECC guidelines. You earn CE credit hours and receive a free mailed in-wallet card.



Choose Your Course

- ✓ Online or Blended Learning Programs
- ✓ Nationally accepted courses

STEP 1



Pass the Online Exam

- ✓ Online course and quiz
- ✓ Hands-on skills assessment if applicable

STEP 2



Print your course certification!

- ✓ Pay after you are satisfied
- ✓ 30 day **money back guarantee**

STEP 3

Reach our Customer Success Team at 1-888-808-9109 and start the journey to be the Good Samaritan you are from day one.

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